

Hello Einstein Families,

Please review the following upcoming updates:

Status of Reopening Schools: There is still no established date for reopening schools in SCUSD. Our district will continue to work with SCPH, SCOE and labor partners and will communicate reopening plans and dates as early as possible. Feel free to tune in for the [November 5 board meeting](#), where SCUSD will discuss our reopening plans and give a comprehensive update.

SOS Signs of Suicide Prevention Program: The teen years are marked by a roller coaster ride of emotions – difficult for teens, their parents, and educators. It is easy to misread depression as normal adolescent turmoil; however, depression appears to be occurring at a much earlier age and the past decade has seen teen suicide rates double. In order to proactively address this issue, Albert Einstein Middle School is presenting a research-based curriculum, SOS Signs of Suicide Prevention Program, in your child's class. Our School Counselors and Student Support Center staff will begin these presentations during the week of October 26, 2020.

Visit the Albert Einstein Student Support Center website for more information by following this link: <https://sites.google.com/scusd.edu/alberteinstein-ssc/sos-consent>

10/26 Spirit Week:

Please join us for our first spirit week of the 2020-2021 School year October 26th-October 30th!

Monday 10/26: Wear something red for Red Ribbon Week.

Tuesday 10/27: "Drugs are Tacky" – Wear a tacky outfit.

Wednesday 10/28: "It's crazy to do drugs" - Crazy hair day.

Thursday 10/29: "I'm too bright to do drugs" – Wear neon colors.

Friday 10/30: "Drugs are scary" - wear Orange and Black or wear your Halloween costume (no masks).

Send a photo each day of participating in Red Ribbon Spirit Week! Send photos to Julie-Delagua@scusd.edu.

Student Support Center: The Student Support Center (SSC) at Albert Einstein is actively offering different opportunities for students and families to obtain mental health support for themselves or someone they care about.

Student Support Center services available:

- One time check in meetings and ongoing mentoring sessions
- **Drop in group** – Every other Thursday at 2:00 pm
- **Mental Health Awareness Group** – Every Tuesday at 2:00 pm starting 10/27
- **Gender and Sexualities Alliance Club** – Every Monday starting 11/2
- **Mental Health referrals**
- **Basic needs and other referrals to resources**

Find more information as well resources visit our SSC website

<https://sites.google.com/scusd.edu/alberteinstein-ssc/home>

Join the SSC google classroom via this link

<https://classroom.google.com/c/MTM5NDY0NTE5MTgw?cjc=6lwbo4m>

Staff is available daily from 8:30 am – 4:30 pm

- Are you a student and would like to check in with someone? Submit a request here:
<https://docs.google.com/forms/d/e/1FAIpQLSdAfAxuosA7ss-WJzs-wl975O9bn2E81-GJZZ9VgJgJyIjBWg/viewform>
- Are you a parent or caregiver and would like to check in with someone? Submit a request here:
https://docs.google.com/forms/d/e/1FAIpQLSem_D_M6bX13oxXKaTxsU2c84o7OLSP0H8O08Xpq9Lm2Op6Pg/viewform

For assistance contact Ms. Fay at (916) 826-2715 or Mrs. Rodriguez at (916) 826-2822

Yearbook: Even though we are still distance learning, that does not mean we aren't creating memories, so let's share those memories. Our theme this year for yearbook is Live Your Moment. This week's topics are things that you miss doing pre-pandemic and gaming for all those video game enthusiasts.

Thank you for sharing your moments with Einstein's yearbook!

What are you missing?

https://docs.google.com/forms/d/e/1FAIpQLScZoy8q0rj2kioF1mY74exSbsWaTnpiRaBDQPrfmrRzpaBwhg/viewform?usp=sf_link

Gamers

https://docs.google.com/forms/d/e/1FAIpQLSejOPhrhaeA-P074fv8myw5EPgC0e8fOJ7hL5saq29HhEbQyQ/viewform?usp=sf_link

High School Specialty Programs: Next Monday, November 2nd an informational video will be made available online on our Einstein website for parents interested in Open Enrollment into one of the 29 high school specialty programs within our district. The presentation will include information about each program, testing dates, and contact information for High School representatives. If you have any questions regarding high school specialty programs, please reach out to me or Judy O'Sullivan after November 2nd.

On the Horizon...

11/2- High School Specialty Program Information presented to families online.
11/3 Election Day
11/6- Last day of Quarter 1 (No minimum day).
11/10-Quarter 1 Grading Window Closes. Grades Due by Midnight.
11/11 Veterans Day. No School.
11/16 Open Enrollment for HS Specialty programs begins (more information to Come)
11/23-11/27- Thanksgiving Break

Thank you and have a great Week!

-Tarik McFall